



Stage 4 - HAWICK TO SELKIRK

Distance - 20.2 km / 12.5 miles

Explorer maps - Teviotdale South OS 331 / Galashiels, Selkirk & Melrose OS 338

Time - 6 - 6.5 hours average time based on Naismith's rule

Total ascent - 552m

Total descent - 490m

Description - This is a moderate and pleasant walk from Hawick over undulating terrain. Leaving the town behind the route passes over farmland, through woodland an old Drovers road and country lanes before passing through the Estate of the Haining to reach Selkirk.

The Haining is a Scottish country house that originally dates from the 15th century.

1 - Return to the roundabout at the leisure centre. Pass the centre with it on the right and a green bus shelter then turn left along Princes Street and then right up Dickson Street which becomes Stirches Road to pass a church on the right.



2 - Continue out of Hawick on the Stirches, past a large driveway with lamps on the stone gate posts to a cross roads. Continue straight ahead and where the tarmac lanes bear left after passing a large agricultural building on the right, keep ahead passing under telephone wires.

3 - After the stone track turn right, keep left to pass between the electricity pylons and under the cables towards the trees ahead. Just before the trees the path bears right to cross over the hillside, there are good markers along the way, to a metal gate.



4 - Descend the hill and into the woods to, direction Bridleway to Ashkirk. Keep Ahead on the forest track and then through the gate to descend the hill past Salenside to reach a road. Turn right and then left just after the telegraph pole on the right. Cross over Woll Burn, across the golf course to the track and turn left (Thief Road) and past a plantation of trees on the right, keeping right at the end to reach a road.

5 - Turn left, after a while crossing over a cattle grid and at the end of the trees on the right, turn right onto Hartwoodmyres forest track. At the end of the trees on the left the track run left then right. Take the second left turn where there is an option to go straight ahead - ignore that.

6 - Take the next right, direction Buccleuch Country ride that will take you past a wood on the right on onto an the Cross Borders Drove Road. Pass through a farmyard to reach a tarmac road. Turn right and after passing a farm on the right, just before a passing place, turn left into the field by a telegraph pole.

7 - Cross the bridge over Hartwood Burn and then turn right and left to continue on the track. The track turn left though a field with Haining Loch on the right and the right to pass Haining House and the grounds.

8 - Pass out of the gateway to the road and turn right the Market Place in Selkirk and the end of the stage.

